1. You and your partner will speak to each other about **your past habits**.
2. You and your partner will speak to each other about **the importance of visiting museums**.
3. You and your partner will speak to each other about **your favorite pet**.
4. You and your partner will speak to each other about **your favorite season**.
5. You and your partner will speak to each other about **a traffic problem in Nha Trang and suggested solutions**.

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| You and your partner will speak to each other about **your past habits**. | * What is (are) your bad habit(s)? * Why did you get it (them)? * Does it affect your life? In what ways? * Does it affect your health?... * How can you avoid/ kick your bad habit? * Why is it dangerous? * Why you should stop? * Stay up late * Leave things until the last minute * Never do exercise * Skip breakfast/ meal * Smoke   **Bad Habit: Skipping breakfast**  **Why It’s Dangerous**  Skipping the first meal of the day can have serious consequences for your weight, your [**energy levels**](https://www.readersdigest.ca/food/healthy-food/energy-boosting-foods/), and even your blood sugar. Munching a piece of morning toast or crunching a bowl of bran flakes signals to your metabolism that it’s time to kick things up a notch. Skipping the fuel keeps your metabolism running on low, which can lead to weight gain and sluggishness. You’ll also create a starve-now-indulge-later eating pattern, which is why breakfast-skippers tend to overeat later in the day.  **Why You Should Stop**  Starting a breakfast routine is easy. The moment you do, you take a major step towards fixing the problems skipping breakfast caused, including excess weight and unhealthy blood sugar swings. [**Eating a healthy breakfast**](https://www.readersdigest.ca/food/cooking-tips/breakfast-hacks-healthy-cereal/) will result in more stable blood sugar, which means fewer food cravings and hunger pangs later in the day. Because you’re re-fueling your body early in the day, you’ll also have more energy in the morning. You may find that you start to control your weight more easily, too.  **Reverse the Habit**   * **Work with your body:** Not hungry first thing in the day? Wait an hour or two until you’re ready to eat. * **Eat foods you like:** No need to start the day with breakfast food. Have a sandwich, a bowl of soup, or last night’s leftovers—whatever your pleasure is. * **No time?** Make a portable breakfast sandwich: Bring along a piece of fruit, and maybe some milk in a coffee mug. ([**This brilliant ketchup bottle hack just made breakfast so much easier**](https://www.readersdigest.ca/food/cooking-tips/ketchup-bottle-hack/).) * **Grab an energy bar and a cup of yogurt:** Both are instantly ready, and together they are the perfect amount of nutrients and calories to start your day. * **Have a smoothie:** Whirl low-fat yogurt, frozen berries, half a banana, a little OJ, and some honey in a blender. It’s the ultimate healthy on-the-go breakfast. * **Set things up in advance:** Prep breakfast the night before, so you can eat it at the kitchen table in 10 minutes or less. |
| You and your partner will speak to each other about **the importance of visiting museums**. | * What are the advantages of museums? * Why do people like visiting museums? * What is the role of a museum in society today? * Do you like visiting museums? Why? * Do you think that museums are important? * What can we learn from visiting museums?   Museums make you smarter.  🡺…  Visiting museums is an effective way of learning.  🡺…  Museums are community centers.  🡺…  Visiting museums encourages a love of history.  🡺…  Visiting museums boosts language development.  🡺… |
| You and your partner will speak to each other about **your favorite pet**. | - What animal is it?  - What features does it have?  - Why are you interested in your pet?  - And explain how you feel about it.  - What animals would you like to have as pets?  - Why do some people keep pet at home?  - Have you ever had a pet before?  - How do you take care of your pet? **Pets**  These are words related to pets.   1. [adoption](https://www.vocabulary.com/dictionary/adoption): 2. [amphibian](https://www.vocabulary.com/dictionary/amphibian): 3. [aquarium](https://www.vocabulary.com/dictionary/aquarium) 4. [beagle](https://www.vocabulary.com/dictionary/beagle) 5. [bird](https://www.vocabulary.com/dictionary/bird) 6. [birdbath](https://www.vocabulary.com/dictionary/birdbath) 7. [bull mastiff](https://www.vocabulary.com/dictionary/bull%20mastiff) 8. [cage](https://www.vocabulary.com/dictionary/cage) 9. [cat](https://www.vocabulary.com/dictionary/cat) 10. [catnip](https://www.vocabulary.com/dictionary/catnip) 11. [chihuahua](https://www.vocabulary.com/dictionary/chihuahua) 12. [chinchilla](https://www.vocabulary.com/dictionary/chinchilla) 13. [cockatiel](https://www.vocabulary.com/dictionary/cockatiel) 14. [cockatoo](https://www.vocabulary.com/dictionary/cockatoo) 15. [cocker spaniel](https://www.vocabulary.com/dictionary/cocker%20spaniel) 16. [collar](https://www.vocabulary.com/dictionary/collar) 17. [corgi](https://www.vocabulary.com/dictionary/corgi) 18. [dachshund](https://www.vocabulary.com/dictionary/dachshund) 19. [dog](https://www.vocabulary.com/dictionary/dog) 20. [English bulldog](https://www.vocabulary.com/dictionary/English%20bulldog) 21. [feeder](https://www.vocabulary.com/dictionary/feeder) 22. [ferret](https://www.vocabulary.com/dictionary/ferret) 23. [filter](https://www.vocabulary.com/dictionary/filter) 24. [fish](https://www.vocabulary.com/dictionary/fish) 25. [food](https://www.vocabulary.com/dictionary/food) 26. [gecko](https://www.vocabulary.com/dictionary/gecko) 27. [Great Dane](https://www.vocabulary.com/dictionary/Great%20Dane) 28. [greyhound](https://www.vocabulary.com/dictionary/greyhound) 29. [guinea pig](https://www.vocabulary.com/dictionary/guinea%20pig) 30. [hamster](https://www.vocabulary.com/dictionary/hamster) 31. [hedgehog](https://www.vocabulary.com/dictionary/hedgehog) 32. [hermit crab](https://www.vocabulary.com/dictionary/hermit%20crab) 33. [Labrador retriever](https://www.vocabulary.com/dictionary/Labrador%20retriever) 34. [leash](https://www.vocabulary.com/dictionary/leash) 35. [litter](https://www.vocabulary.com/dictionary/litter) 36. [lizard](https://www.vocabulary.com/dictionary/lizard) 37. [macaw](https://www.vocabulary.com/dictionary/macaw) 38. [Maltese](https://www.vocabulary.com/dictionary/Maltese) 39. [papillon](https://www.vocabulary.com/dictionary/papillon) 40. [parakeet](https://www.vocabulary.com/dictionary/parakeet) 41. [parrot](https://www.vocabulary.com/dictionary/parrot) 42. [pit bull terrier](https://www.vocabulary.com/dictionary/pit%20bull%20terrier) 43. [Pomeranian](https://www.vocabulary.com/dictionary/Pomeranian) 44. [poodle](https://www.vocabulary.com/dictionary/poodle) 45. [puppy](https://www.vocabulary.com/dictionary/puppy) 46. [python](https://www.vocabulary.com/dictionary/python) 47. [rabbit](https://www.vocabulary.com/dictionary/rabbit) 48. [rat](https://www.vocabulary.com/dictionary/rat) 49. [Rottweiler](https://www.vocabulary.com/dictionary/Rottweiler) 50. [scratcher](https://www.vocabulary.com/dictionary/scratcher) 51. [Siberian husky](https://www.vocabulary.com/dictionary/Siberian%20husky) 52. [snake](https://www.vocabulary.com/dictionary/snake) 53. [treat](https://www.vocabulary.com/dictionary/treat) 54. [turtle](https://www.vocabulary.com/dictionary/turtle) |
| You and your partner will speak to each other about **your favorite season**. | How is the weather like?  Why do you like this season?  What activities do you usually do during it?  How would different kinds of weather affect people?  🡺Nha Trang city only has two distinctive seasons which are the rainy and the dry season.  🡺I would say ……..is my favorite season.  🡺………… in ………..usually starts in …….. and ends in………. every year.  🡺During this period, it will ……………  🡺you can experience……………during this season.  🡺This season is far different from the the other season.  🡺That’s the reason why I’ve chosen ……….. as my favorite one compare to the dry season.  🡺It’s also the season of a lot of my favorite…………   * *Distinctive: Đặc biệt;* * *Rainy season: Mùa mưa;* * *Dry season: Mùa khô;* * *Sunshine: Nắng mặt trời;* * *Temperature: Nhiệt độ;* * *Slippery: Trơn trợt;* * *Dangerous: Nguy hiểm;* * *Cautious: Cẩn thận;* * *Raincoat: Áo mưa;* * *Commute: Sự đi lại;* * *Scorching: Thiêu đốt;* * *Restless: Bồn chồn;* * *Moist: Ẩm;* * *Lively: Sống động;* |
| You and your partner will speak to each other about **a traffic problem in Nha Trang and suggested solutions**. | 1. How do most people travel to work where you live? 2. What traffic problems are there in your area? Why? 3. How do traffic problems affect you? 4. How would you reduce the traffic problems in your area?  5. What is the solution? Individuals and government?  Transport  Transport infrastructure  Forms of transportation  Urban centres = cities  🡺One of the major causes of…  🡺Another factor is…  🡺In order to solve this problem…  🡺… is the best solution |